

# Stay in a cave in the Canaries? That idea rocks, mum

**Are We  
There Yet?**  
Katy  
Holland



**THESE DARK WINTER** days are making the kids stir crazy, and I've been dreaming of whisking them off to a secret country retreat where they can get on with the

serious business of beating each other up out of my earshot (and the neighbours'). Lucky for me, then, that this spring sees the opening of some wonderfully remote family-friendly retreats, perfect for parents and little treasures in need of some privacy. This year, walking holiday specialist Upland

Escapes (01367 851 111; [uplandescapes.com](http://uplandescapes.com)) is featuring a new family cave-house in a tiny hamlet in Gran Canaria, a gem of a place which comes complete with all mod cons, including a Jacuzzi, furnishings built from volcanic rock and a private garden. The kids will love it because there's plenty for them to explore, including the

peak of an extinct volcano if they're feeling truly energetic.